

SECTION 1 – Specific Competition Information

Dates	Saturday 7 th November to Sunday 8 th November 2026				
Venue	Inverness Leisure, Bught Lane, Inverness, IV3 5SS				
Pool & Equipment Details	8 lane 25m competition pool, 2m deep, anti-turbulence ropes, full Omega Electronic Timing system, scoreboard and starting blocks with back plates, backstroke ledges. There is no separate swim-down pool at this competition.				
Promoter	SASA North District Swimming Committee				
Meet Convenor	Vicki Allan – highlandswimteam1@gmail.com				
Meet Licence	L1/817/SS/NOV26				
Rules	Competition will be held under World Aquatics Technical Rules and Scottish Swimming Regulations				
Session Times	Day	Session	Warm Up	Session Start	Session Finish (est)
	Saturday	Session 1	0750	0915	1210
		Session 2	1230	1335	1605
		Session 3	1630	1725	1925
	Sunday	Session 4	0750	0915	1210
Session 5		1230	1335	1605	
Session 6		1630	1725	1925	
(Subject to change if necessary once entries have been processed)					
Meet Purpose	This is an open meet intended as an opportunity for anyone wishing to enter, and to determine the 2026 North District Champions and Junior Champions. (SW10.3)				
Eligibility to Enter	This meet is open to swimmers who are members of the SASA, Swim England or Swim Wales, or competitors from any one of the countries affiliated to World Aquatics. Entries from composite teams are welcome at these Championships. All individual events will be run in two eligibility categories – Male & Open and Female				
Swimmer SASA Membership	All swimmers entered by Scottish clubs must have paid their SASA membership fee for the current year. Registration numbers must be shown on entry files. A Licence has been granted for this competition and accreditation will be applied for to the SASA.				
Age Groups	There are no age groups.				
Events	Heats in the morning and afternoon with A and B Finals in the evening for: • 50m Backstroke, Butterfly, Breaststroke and Freestyle • 100m Backstroke, Butterfly, Breaststroke and Freestyle • 200m Backstroke, Butterfly, Breaststroke, Freestyle and Individual Medley Heats in the afternoon with an A Final only for: • 400m Freestyle Timed Finals in the afternoon for: • 400m Individual Medley, and 800m Freestyle Mixed Team Relays in the evening for: • 4 x 50m Freestyle and 4 x 50m Medley				

Para Swimming	Swimmers who have a recognised classification (WPS, AGB, BBS, UKSA or INAS-FID) may be eligible to swim. Please refer to the Supplementary Para Swimming Conditions on pages 6 and 7 for more information. Please ensure that any MC swimmers are identified as such with their classification at the point of entry. On application to the Swimming Convenor, which must be prior to the closing date, entries from swimmers with a disability or impairment that do not have a classification, or meet the eligibility criteria, may be allowed to compete. The Swimming Convenor's decision is final.
Entry Process	For information about Events Files see Section 2 – General Information. Completed entry files and Entries Summary Sheet (page 11), as well as proof of times report must be sent to the District Entries Secretary Sandra Middleton (entries@sasanorth.org.uk) Entries may have to be limited dependent upon numbers received. In the event that there is an oversubscription, entries will be accepted as evenly across the programme as is reasonably possible with fastest entries accepted first.
Consideration Times	Consideration times can be found on page 5. All times must be accredited and swum since 1st January 2025. The fee for entries received which are out with the consideration times for any of the District Competitions shall not be refunded under any circumstances. (District Rule SW 4.6 refers). There are no consideration times for team events, but entry times must be submitted, and these should be the sum of the times of four athletes eligible to swim in that event.
Entry Deadline	CLOSING DATE FOR ELECTRONIC ENTRIES: Friday 9th October 2026
Entry Fees & Payment	Payment must be received within 3 banking days of the closing date and there will be zero tolerance of late payment. Any entry that is not accompanied by payment in the specified timeframe will be rejected without delay. £9.50 per individual swim £13.00 per team event Payment is preferred by BACS. Reference should be OPEN26 and your club code eg OPEN26NANX Sort Code: 80-05-16 A/C No 00882011 Cheques MUST be received within 3 banking days of the closing date. Cheques should be posted to the Entries Secretary (email entries@sasanorth.org.uk for a postal address) and should be made payable to SASA North District.
Early Withdrawals	The deadline for early withdrawals for this competition is: 5pm at the latest on Thursday 5th November 2026 Withdrawals prior to the competition may be sent or e-mailed to the Entries Secretary Sandra Middleton at entries@sasanorth.org.uk All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc. Telephone and WhatsApp withdrawals will not be accepted. For further information see Section 2 – General Information.
Reserves	Reserves must present themselves to the marshal unless they have withdrawn.
Qualifying for Finals	Finals will be seeded directly from the results of the heats. The fastest eight swimmers in the heats shall qualify for the A Final. Swimmers place 9th to 16th shall qualify for the B Final where there is one. A Finals shall be swum after B finals. Four reserves shall be nominated for the Finals of an event. Swimmers in the B Final shall be the reserves for the A Final. Once the start sheets for the finals session have been published, there will be no reserves or movement between finals.

Medals, Champions & Awards	Medals will be awarded for 1st, 2nd and 3rd places achieved by swimmers in all events. Medals will not be presented but can be collected from the Medal Desk which will be found on the upper deck (spectating area). North District Open Champions The fastest swimmer in the A Final of each event will be the North District Open Champion. In a Timed Final event, the North District Open Champion will be the fastest swimmer in the event. North District Champions The North District Champion of all individual events, with the exception of the form stroke 50m events will receive a trophy. In determining the North District Champion for an event, results from the A Final shall be considered first. If no North District swimmer is in the A Final, then the B Final. If no North District swimmer is in either Final, the swimmer with the fastest time from the Heats will be the North District Champion. In a timed final event, the North District Champion will be the fastest North District swimmer in the event. North District Junior Champions The North District Junior Champion of all events, with the exception of the form 50m events, will receive a trophy. In determining the North District Junior Champion for an event, results from the A Final shall be considered first. If no North District junior swimmer is in the A Final, then the B Final. If no North District junior swimmer is in either Final, the junior swimmer with the fastest time from the Heats will be the North District Champion. In a timed final event, the North District Junior Champion will be the fastest North District junior swimmer in the event. Cash Awards There will be cash awards available at this meet, with a total prize pot of at least £1500. A full breakdown of awards will be made available at a later date. Best Performance Trophies The Hugh Campbell Memorial Trophy will be awarded for the best 'Male & Open' individual swim by a North District swimmer based on World Aquatics points. The Gordon Council Friendship Trophy will be awarded for the best Female individual swim by a North District swimmer based on World Aquatics points. Best Club Trophy The North District Club/Team Championship Trophy will be presented to the North District Club/Team that achieves the most points based on results (8 - 1).
Technical Officials	North District Clubs and Teams must submit lists of Swimming Technical Officials to the Meet Officials Convenor (Colin Oswald) in accordance with North District Regulations using the Swimming Technical Officials workbook available on North District website. Please complete one sheet for each session of the meet. Clubs and teams from outside the North District are requested to put forward Technical Officials to the Meet Officials Convenor. All offers to officiate are encouraged and if expenses are required for officials travelling from outside the North District, this should be advised with an estimate at the earliest opportunity for consideration and pre-approval. Lists for all sessions must be emailed (not posted) to the Meet Officials Convenor, Colin Oswald at theoswalds2@icloud.com, no later than 14 days before the first day of the meet: Friday 23rd October 2025. Failing to submit the form in accordance with these conditions will be considered a failure to submit the form. North District Clubs and Teams should refer to rules SW 6.2 and SW4.1.

Programme of Events

Saturday 7 th November	Sunday 8 th November
Morning Session 101 Female 200m Freestyle 102 Male & Open 200m Butterfly 103 Female 100m Breaststroke 104 Male & Open 100m Backstroke 105 Female 200m Individual Medley 106 Male & Open 200m Breaststroke 107 Female 200m Backstroke 108 Male & Open 100m Freestyle 109 Female 100m Butterfly	Morning Session 401 Male & Open 200m Freestyle 402 Female 200m Butterfly 403 Male & Open 100m Breaststroke 404 Female 100m Backstroke 405 Male & Open 200m Individual Medley 406 Female 200m Breaststroke 407 Male & Open 200m Backstroke 408 Female 100m Freestyle 409 Male & Open 100m Butterfly
Afternoon Session 201 Male & Open 50m Breaststroke 202 Female 50m Backstroke 203 Male & Open 400m Freestyle 204 Female 50m Freestyle 205 Male & Open 50m Butterfly 206 Female 800m Freestyle (timed final) 207 Male & Open 400 Individual Medley (timed final)	Afternoon Session 501 Female 50m Breaststroke 502 Male & Open 50m Backstroke 503 Female 400m Freestyle 504 Male & Open 50m Freestyle 505 Female 50m Butterfly 506 Male & Open 800m Freestyle (timed final) 507 Female 400m Individual Medley (timed final)
Evening Finals Session 203 Male & Open 400m Freestyle A Final 202 Female 50m Backstroke A & B Final 201 Male & Open 50m Breaststroke A & B Final 101 Female 200m Freestyle A & B Final 102 Male & Open 200m Butterfly A & B Final 103 Female 100m Breaststroke A & B Final 104 Male & Open 100m Back A & B Final 105 Female 200m Individual Medley A & B Final 106 Male & Open 200m Breaststroke A & B Final 107 Female 200m Backstroke A & B Final 205 Male & Open 50m Butterfly A & B Final 204 Female 50m Freestyle A & B Final 108 Male & Open 100m Freestyle A & B Final 109 Female 100m Butterfly A & B Final 301 Mixed 4 x 50m Freestyle (timed final)	Evening Finals Session 503 Female 400m Freestyle A Final 502 Male & Open 50m Backstroke A & B Final 501 Female 50m Breaststroke A & B Final 401 Male & Open 200m Freestyle A & B Final 402 Female 200m Butterfly A & B Final 403 Male & Open 100m Breast A & B Final 404 Female 100m Backstroke A & B Final 405 Male & Open 200m Individual Medley A & B Final 406 Female 200m Breaststroke A & B Final 407 Male & Open 200m Backstroke A & B Final 505 Female 50m Butterfly A & B Final 504 Male & Open 50m Freestyle A & B Final 408 Female 100m Freestyle A & B Final 409 Male & Open 100m Butterfly A & B Final 601 Mixed 4 x 50m Medley (timed final)

Consideration Times

Separate consideration times for these Championships are detailed below for Open and Junior swimmers.

Please note Accredited Times are required for this meet and these times must have been achieved since 1 January 2025.

You must submit a proof of times report with your entries. Should you receive any additional request to verify a time or times, you will also be advised of the deadline for verification. Where no satisfactory proof can be provided the competitor shall withdraw, forfeit their entry fee and pay without any excuse such sum as is agreed by the AGM for late withdrawals. Swimming Rule SW 2.2

Times below are short course times

Times converted from long course accredited competitions using Hy-Tek factors or Swim England tables will also be accepted.

Times must be faster than or equal to the following:

MALE & OPEN		EVENT	FEMALE	
Junior*	Open		Open	Junior*
	00:26.80	50 Freestyle	00:29.60	
00:59.40	00:56.20	100 Freestyle	01:02.50	01:05.10
02:14.90	02:06.40	200 Freestyle	02:18.70	02:24.70
05:05.90	04:36.00	400 Freestyle	04:52.00	05:13.20
10:01.10	09:33.00	800 Freestyle	10:01.00	10:23.70
	00:32.40	50 Backstroke	00:35.20	
01:13.50	01:06.60	100 Backstroke	01:12.40	01:15.90
02:38.90	02:26.10	200 Backstroke	02:36.00	02:45.40
	00:35.70	50 Breaststroke	00:39.90	
01:22.90	01:15.10	100 Breaststroke	01:24.50	01:29.90
02:58.90	02:46.60	200 Breaststroke	02:59.10	03:09.90
	00:30.40	50 Butterfly	00:32.50	
01:09.80	01:03.60	100 Butterfly	01:12.30	01:18.60
03:08.00	02:38.00	200 Butterfly	02:45.50	03:12.50
02:32.70	02:21.90	200 Individual Medley	02:37.10	02:45.40
05:32.00	05:13.70	400 Individual Medley	05:39.00	05:53.20

*As Scottish Swimming definition of 'Junior': A swimmer who is under 17 at 31 December 2026.
Entries will be sorted solely on entry time with no differentiation between Open and Junior entries.

Supplementary Para Swimming Conditions

These are to be adhered to in conjunction with the general meet conditions detailed above. The following events will be integrated into the heats according to eligibility criteria:

Event	Male & Open and Female
50m Freestyle	S1 – S14
100m Freestyle	S1 – S14
200m Freestyle	S1 – S5 and S14
400m Freestyle	S6 – S14
50m Backstroke	S1 – S5
100m Backstroke	S6 – S14
50m Breaststroke	SB1 – SB3
100m Breaststroke	SB4 – SB9, SB11 – SB14
50m Butterfly	S1 – S7
100m Butterfly	S8 – S14
200m IM	SM5 – SM14

Eligibility

All Competitors must be registered as members of the SASA, Swim England or Swim Wales, or competitors from one of the countries affiliated to World Aquatics.

Entry standards are as attached, and these are open age group standards.

Competitors in WPS Classification S1 - S13 must have an authorised British Swimming or WPS classification, which is held on the Scottish Swimming Membership database at the time of entry.

Competitors in Classification S14 must have an authorised WPS, INAS-FID or UKSAPLD classification which is held on the Scottish Swimming Membership database at the time of entry.

Para athletes must be identified as such with their classification at the point of entry.

General

- A copy of information held on the Scottish Swimming Membership database must be submitted to the Recording desk prior to the start of the session with the athlete's first event. No further submission is required following this. Any concerns regarding this, please contact the Meet Convenor.
- All eligible athletes will be integrated into the event seeded by absolute time.
- Where relevant, the competition shall take place under the relevant WP Swimming, Technical Rules.
- Personal care assistants will only be permitted for athletes in the following classes: S1, S2, S3, S4 and S11. An athlete in any of the classes as specified above may have both a coach and personal care assistant(s) present. Please note any persons on poolside will require a volunteer pass.

Medals

There will be no medals for Para swimming events.

Supplementary Para Swimming Entry Standards

50m Free	Female	Male & Open
S1	01:27.26	01:48.46
S2	01:31.70	01:26.11
S3	01:08.54	01:15.92
S4	01:02.76	01:01.62
S5	00:57.87	00:50.63
S6	00:55.33	00:48.57
S7	00:53.79	00:46.55
S8	00:50.85	00:43.04
S9	00:46.44	00:40.73
S10	00:46.61	00:39.46
S11	00:49.64	00:44.01
S12	00:45.31	00:39.08
S13	00:45.51	00:39.46
S14	00:44.64	00:39.25
100m Free	Female	Male & Open
S1	03:07.82	03:50.91
S2	03:18.07	03:01.27
S3	02:28.95	02:37.57
S4	02:14.78	02:14.20
S5	02:14.78	01:53.93
S6	02:00.46	01:47.07
S7	01:57.66	01:42.15
S8	01:48.22	01:38.07
S9	01:42.34	01:28.79
S10	01:38.84	01:26.09
S11	01:51.77	01:35.45
S12	01:39.98	01:29.57
S13	01:37.48	01:26.11
S14	01:36.19	01:27.18
200 Free	Female	Male & Open
S1	06:46.33	07:54.83
S2	07:58.48	06:46.40
S3	05:32.32	05:39.03
S4	04:51.60	04:40.23
S5	04:44.09	04:09.49
S14	03:30.31	03:11.06
400 Free	Female	Male & Open
S6	08:37.77	08:17.11
S7	08:20.28	07:48.45
S8	08:01.80	07:30.77
S9	07:50.36	07:06.33
S10	07:28.94	06:44.11
S11	08:20.63	07:36.40
S12	07:25.98	06:58.11
S13	07:28.66	06:44.91
S14	07:34.04	06:57.30
50m Back	Female	Male & Open
S1	01:53.10	01:46.73
S2	01:40.95	01:30.51
S3	01:27.28	01:16.09
S4	01:21.57	01:09.68
S5	01:03.07	00:53.41

100m Back	Female	Male & Open
S6	02:15.27	02:03.62
S7	02:15.10	01:55.84
S8	02:02.59	01:46.33
S9	01:56.86	01:41.52
S10	01:53.39	01:37.22
S11	02:04.88	01:52.22
S12	01:56.35	01:42.02
S13	01:49.89	01:35.81
S14	01:51.86	01:36.70
50m Breast	Female	Male & Open
SB1	02:17.87	02:13.31
SB2	01:49.36	01:35.06
SB3	01:33.92	01:19.03
100m Breast	Female	Male & Open
SB4	02:57.50	02:36.33
SB5	02:51.00	02:24.72
SB6	02:35.28	02:12.87
SB7	02:35.45	01:59.54
SB8	02:15.88	01:54.31
SB9	02:00.68	01:51.09
SB11	02:15.63	01:59.53
SB12	02:04.32	01:48.92
SB13	02:05.97	01:47.05
SB14	02:02.43	01:46.67
50m Fly	Female	Male & Open
S1	01:26.92	03:20.84
S2	01:39.06	01:30.03
S3	01:18.32	01:19.88
S4	01:08.37	01:08.82
S5	01:05.91	00:52.05
S6	00:58.73	01:51.87
S7	00:56.08	00:49.16
100m Fly	Female	Male & Open
S8	01:58.78	01:45.45
S9	01:53.13	01:39.03
S10	01:51.32	01:32.05
S11	02:07.79	01:43.12
S12	01:47.29	01:36.56
S13	01:46.44	01:31.46
S14	01:47.77	01:32.11
200m IM	Female	Male & Open
SM5	05:32.98	04:43.14
SM6	05:00.36	04:27.80
SM7	04:56.22	04:11.92
SM8	04:34.53	03:58.97
SM9	04:19.64	03:44.50
SM10	04:06.24	03:33.66
SM11	04:29.33	03:54.87
SM12	04:05.75	03:42.48
SM13	04:00.45	03:28.59
SM14	03:59.68	03:36.75

SECTION 2 – General Information

Events Files	All entries must be on Hy-tek Team Manager entry file (ND Rule SW 4.1). Events files may be obtained by downloading from the North District website www.sasanorth.org.uk or by contacting the District Entries Secretary on entries@sasanorth.org.uk.
Event Passes	For Team Staff (Coaches & Team Managers) All team staff must have a valid event pass for 2026 to enable access onto poolside at this meet. Team Staff from Scottish clubs and teams applying for a pass, must have valid SASA membership, a current CWPS certificate and a valid PVG check through Scottish Swimming. An annual (2026) Scottish Swimming Team Staff pass or a District Team Staff pass from any Scottish District will be accepted. The following link is for the SASA North District Team Staff pass application: SASA North District Team Staff Pass Application Link <u>Team staff from outwith Scotland should contact the Meet Convenor before entering this meet to allow time for any checks to be carried out. A relevant disclosure check from their association is the minimum that will be required.</u> Passes must be worn and clearly visible at all times as the SASA North District meet team will be carrying out poolside checks. Anyone not displaying and wearing a valid pass may be asked to leave the poolside/athlete areas until a pass can be produced. For Event Staff (Technical Officials and Event Staff in a regulated role) All Technical Officials and Event Staff who are in a regulated role must have a valid Scottish Swimming Event Staff pass for 2026 to enable access onto poolside at this meet. Event Staff applying for a pass must have valid SASA membership, a current CWPS certificate and a valid PVG check through Scottish Swimming. The following link is for the Scottish Swimming Annual Event Staff pass: 2025-2026 Annual Event Volunteer Pass (Swimming) Passes must be worn and clearly visible at all times as the SASA North District meet team will be carrying out poolside checks. Technical Officials are not required to wear their pass when actively carrying out their role but require to wear it at all other times. Anyone not displaying and wearing a valid pass, when not actively carrying out their role, may be asked to leave the poolside/athlete areas until a pass can be produced. For Event Staff (STOs and Event Staff who are not in a regulated role) For those Technical Officials and Event Staff who are not in a regulated role, an event specific pass will be issued by the organising team, on the day of the event. This pass must be worn when on poolside or in athlete areas.
Marshalling	There will be marshalling for all heats and all finals including relays. All swimmers must present themselves to the marshal before their events and are advised to attend in good time. The start of a race will not be delayed for absent competitors. Swimmers may report to marshalling for more than one event where it is deemed that there will be insufficient time between races to report to the marshal in good time for their next event. It is for the swimmer to inform the marshal if they are reporting for more than one event. Swimmers who have not presented themselves to the marshals prior to their heat leaving the first marshalling area will not be permitted to swim, will be treated as a late withdrawal and may be fined accordingly.
Early Withdrawals	Withdrawals prior to the event may be sent or e-mailed to: The Entries Secretary at entries@sasanorth.org.uk Withdrawal deadline for this competition is in Section 1 – Specific Competition Information. NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc. Telephone and WhatsApp withdrawals will not be accepted.

Withdrawals at the Event	From Heats Withdrawals from heats at the competition should be notified on the withdrawal form issued. The withdrawal form should be submitted to the recorders' table at least 1 hour prior to the start of the appropriate session. See North District Rule SW5.1(b) From Finals Swimmers who wish to withdraw from a Final must inform the recorder and complete the withdrawal form no later than 30 minutes after finalists lists have been published or announced. This will ensure that a reserve can be given the opportunity to compete and the final seeded accordingly. Rule SW 5.1 refers. Withdrawals from finals or in the case of illness should be completed on the "Finals" withdrawal forms available from the recorders. Any competitor withdrawing from a final in such a manner as to prevent a reserve taking part (except in the case of proven illness or emergency) shall be suspended immediately from all further events at the Meet.
Medical Withdrawals	In terms of SW4.7 entry fees will be refunded in the event of a swimmer being unable to take part due to illness or injury only in the following circumstances: The swimmer has been withdrawn in time according to the Meet Information. The swimmer can provide medical evidence confirming that they are unfit to swim to the District Entries Secretary at entries@sasanorth.org.uk within 14 days following the Meet. The letter should be dated not more than 4 weeks before the Meet and not more than 10 days following the last day of the meet.
Competition Disclaimer	No guarantee can be given by SASA North District that these Championships will take place at the time and dates. SASA North District reserves the right to reschedule the event without notice and without liability for doing so. It is expected that this would only happen as a result of unforeseen circumstances, e.g. venue/facility failure or adverse weather. In the event of postponement, cancellation or abandonment of the Championships, refunds, if any, will be made at the absolute discretion of SASA North District, who will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.
Safeguarding	The primary safeguarding point of contact for the competition in relation to wellbeing and protection matters or accidents is the Meet Convenor. A Wellbeing & Protection Officer will be appointed and will be the secondary point of contact. Further details will be in the Participant Information document prior to the event. Any team staff or any technical officials/event staff carrying out a regulated role at the event must have a valid PVG disclosure check and CWPS workshop through Scottish Swimming.
Transgender & Non-Binary	The Scottish Swimming Transgender & Non-Binary Competition Policy is now in place. Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Director/Meet Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event. By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.

Data Protection	In order to operate this meet, we have a legitimate interest to collect and process some basic personal data from all competitors, specifically name, eligibility category and date of birth. This data will be held securely and only used for the purposes of managing the meet and reporting results. Dates of Birth (DOB) will only be shared with: • Scottish Swimming for the purpose of maintaining the National Database which is used for Squad Selection and • Swim England for inclusion on Rankings • SASA North District/Clubs - Names, eligibility category and age (not DOB) will be retained and will be shared with attending clubs and may be published for the purpose of reporting and keeping records.
Photos & Videos	The use of mobile phones or other devices capable of photography is not permitted at any time in the changing village, toilets or shower areas and they must be switched to silent in the pool hall. Please note that for this meet the North District will not require anyone wishing to use photographic equipment, including video cameras, to register. No professional photography will take place at this meet, and the use of flash photography is not permitted. Spectators who wish to take images are requested to focus on their own family member as much as reasonably possible, and to avoid including other participants in images, particularly if those images are being shared with family and friends or through social media platforms. Photographs / videos taken must not be used for illicit purposes and pictures / videos produced must not be altered in any way, or uploaded onto the web without the consent in writing of the person(s) photographed / filmed.
Media & Photography	Throughout this event SASA North District may have authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activities. Images will be uploaded to our website and our social network sites. Should any swimmer wish not to be photographed a Media/Photography Refusal of Consent Form should be completed, which is available on the SASA North District website. If at any time an athlete (or their guardian if under 18) wishes a static image to be removed from the SASA North District website or social media, 7 days' notice must be given to SASA North District (by emailing the Meet Convenor) after which the media will be removed.
Clean Sport	Please note that anti-doping may be in operation at any level 1 licensed event. All athletes registered with Scottish Swimming will have signed a clean sport agreement at point of membership registration/renewal.
Conduct	All athletes, team staff, technical officials and spectators should adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.
Competition Management	Different persons have authority and overall responsibility for the running of the Competition at different stages. A list will be included in the participant information which will be issued prior to the competition detailing whom you should approach with any queries, concerns or complaints during the various stages of the competition.

Entries Summary Sheet

SASA North District Open Championships 2026

Club Name & Code:	
Club Meet Secretary Contact Name:	
Club Meet Secretary Contact Email & Contact Number:	

Detail	Number	Cost	Total Cost
Individual Male & Open Entries		@ £9.50	£
Individual Female Entries		@ £9.50	£
Team Entries		@ £13.00	£
Coach Meal Pass (1 Day – Saturday)		@ £15.00	£
Coach Meal Pass (1 Day – Sunday)		@ £15.00	£
Coach Meal Pass (Full Meet – 2 Days)		@ £30.00	£
		Total	£

Closing date for electronic entries: 9th October 2026

Paperwork and payment to be received by the District Entries Secretary **within 3 banking days of closing date**

Cheques should be made payable to: **SASA NORTH DISTRICT**

BACS Payment Reference OPEN25 followed by Club Code eg OPEN26NANX

Sort Code: 80-05-16 A/C No 00882011

Have you enclosed or sent:

Cheque or BACS payment	Hy-tec Team Manager Entry File	Declaration and Summary Sheet	Proof of Times Report
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Declaration	I confirm that all athletes entered into this competition have paid their current SASA membership fee or are registered members of their relevant association.
	I confirm that all athletes entered into the female category have a birth sex of female and are eligible to compete as a Female.
	I confirm that all coaches and/or team staff from our club who will be on poolside have a valid PVG disclosure check through Scottish Swimming and have completed a CWPS course within the last 3 years. Please note that entries from outside Scotland will require confirmation of relevant disclosure checks to issue a poolside pass. For full information about Event Passes see page 8.

Signed	Position in Club	Date

(This declaration **must** be completed by all competing clubs)

Technical Official Submission Information

Officials Submissions

All Clubs submitting officials must use the [North District Officials Workbook](#)

Meet Officials Convenor: Colin Oswald

Tel: 07711 614512. Email: theoswalds2@icloud.com

All forms must be completed and emailed to the Meet Officials Convenor no later than 14 days before the first day of the meet.

Friday 23rd October 2026

Each Club's submission for ALL sessions should comply with North District Swimming Regulation 6.3.1 as follows:

Total number of club athletes at the competition	Number of officials per session
1 – 5	None
6 – 10	One official
11 – 20	Two officials at least one of which must be Judge 1 or Recorder
21 – 30	Three officials at least one of which must be Judge 1 or Recorder and another must be Judge 2 or above, or an AOE Operator
31 – 40	Four officials at least one of which must be Judge 1 or Recorder and one more must be Judge 2 or above, or an AOE Operator
41+	Five officials at least one of which must be Judge 1 or Recorder and another must be Judge 2 or above, or an AOE Operator

Please note that the number of athletes is the number entered into the meet not the number in a session and that these are the minimum requirements, extra officials are always welcome.

Please note that probationary Judges and Timekeepers wishing specific signatures, eg., Chief Timekeeper, Chief Inspector of Turns, Relays or Finish Order should make the request to the Meet Officials Convenor when names are submitted. Mentoring will be at the discretion of the referee depending on the availability of suitable mentors.

Queries or changes to Technical Officials after the closing date should be directed to Colin Oswald at theoswalds2@icloud.com

For the purposes of Rule SW6.2 Trainee Judge 1 will count as Timekeeper, and Trainee Judge 2 & 2S count as Judge, however Trainees being mentored on the day will not count towards their club's provision of officials for the purposes of Rule SW6.5

SW6.6 Where the Referees in charge agree that there were sufficient Swimming Technical Officials present to ensure adequate cover in any session, an official might be mentored at the next level for which they were training without incurring a penalty for that session, even although this may technically leave their Club short of the numbers required to meet SW6.2.

For the purpose of determining how many athletes a Club has entered into a North District Meet or Championships, only athletes entered into individual events shall be counted in accordance with SW 6.4.